### **Pranic Healing Foundation Mauritius**

### **Guidelines to set up a Centre in Mauritius**

#### Requirements to open a Centre

The requirements to open a Centre are given below. It is divided into general and specific requirements. The general or common requirements apply to both PHC and PHAYC

A Pranic Healing Centre (PHC) refers to a 'small' centre in terms of capacity and conducts Pranic healing sessions, courses and Meditation on Twin Hearts.

A Pranic Healing and Arhatic Yoga Centre (PHAYC) refers to a 'large' centre in terms of capacity and is allowed to conduct AY activities such as AY meditations, retreats and practices in addition to the activities that a PHC can offer.

More details are provided under the section 'Specific requirements' below.

# A. General (or common requirements) to set up either a Pranic Healing Centre (PHC) or a Pranic Healing and Arhatic Yoga Centre (PHAYC):

- 1. Attended Arhatic Yoga Preparatory Level, Kriya Shakti and Pranic Feng Shui courses
- 2. Be One-Pointed in Spreading GMCKS' teachings, courses, books and CDs
- 3. Offer Pranic Healing and Arhatic Yoga modalities only. No other healing modalities will be offered.
- 4. Practice the 5 Pillars of GMCKS' Arhatic Yoga
- 5. Is already an ACPH or has enrolled for ACPH course
- 6. Has executed previous Pranic Healing and Arhatic Yoga projects
- 7. The proposed centre should be at <u>least 5 kms</u> away from the nearest existing centre
- 8. Academic and Professional qualification (optional)

## B. Specific requirements regarding Pranic Healing Centre (PHC) and Pranic Healing and Arhatic Yoga Centre (PHAYC):

9. Capacity, Infrastructure of the centre and other specific requirements are given below:

	Requirements	Pranic Healing Centre (small)	Pranic Healing and Arhatic Yoga Centre (large)
a.	Minimum Requirement of applicant	AY preparatory Level	AY Level 1
b.	Capacity of the Centre	Minimum 7 participants	Minimum 20 participants

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	Requirements	Pranic Healing Centre (small)	Pranic Healing and Arhatic Yoga Centre (large)
C.	Minimum number of Meditation / Training rooms	1 (Meditation room only)	1
d.	Size of Meditation / Training room	At least 15 m2	At least 30 m2
e.	Number of Healing rooms	1 (same as meditation room)	At least 1
f.	Number of Healers attached to the Centre	1 ACPH (already completed or enrolled)	At least 2 (incl. 1 ACPH)
g.	No of car lots (please check the recommendations from your District and Municipal council)	Minimum 2 parking lots	Minimum 5 parking lots
h.	Services / activities	Organise PH Courses and healing camps, Conduct Pranic Healing sessions, Meditation on Twin Hearts, Sell GMCKS' books and CDs*	Same services as PHC plus AY meditations, AY Practices and Online AY Retreats
i.	Opening days / hours	On specific days and time At least 3 times a week	On specific days and time At least 5 days a week
	·	es can be granted to PHCs te far from other centres or th	under certain conditions, e.g. ne Foundation.

Please download, fill in and submit the <u>Application form to Set up a Centre</u> to *Pranic Healing Foundation Mauritius*.

A <u>Business Plan</u> together with the application form must also be submitted.