#### Online ACPH 2023

### 15<sup>th</sup> November 2023 to 14<sup>th</sup> November 2024

# From the book *The Ancient Science and Art of Pranic Healing*:

"Associate Pranic Healer Proficient in elementary and intermediate pranic healing. In the process of becoming proficient in distant healing, advanced pranic healing and pranic psychotherapy, an associate pranic healer is just like a medical intern or an apprentice."

The standards set in Pranic Healing are relatively high. As a matter of fact, an associate pranic healer is usually more skilful and competent in healing than another healer with the title of a master belonging to some other schools.

Master Choa Kok Sui. Miracles Through Pranic Healing

### Requirements to be certified as an Associate Pranic Healer

- 1. Courses
  - a. Basic Pranic Healing
  - b. Advanced Pranic Healing
  - c. Pranic Psychotherapy
- 2. Online Pranic Healing Review Sessions (this will be offered by WPHI in the month of November 2023)
- 3. Testimonials
  - a. 10 simple cases
  - b. 10 advanced cases
  - c. 5 psychotherapy cases
- 4. Online exam

As per the guidelines issued when GMCKS initiated the certification program, the above requirements are to be completed within 6 months.

However, we have seen that many participants, especially those who are not full-time healers, find it difficult to collect 25 testimonials within 6 months. Therefore, even this year, we are increasing the time to collect the testimonials to 12 months. Please read further in this document for more information.

Important – WPHI will conduct the Online Pranic Healing Review sessions and the Online exam. All other requirements of the Online ACPH will be handled by each local Pranic Healing Foundation.

Registration of participants, collecting payments, any help, support, mentoring, or guidance required and follow up will all be handled by your local Pranic Healing Foundations.

## **Details of each requirement**

### 1. Online Pranic Healing Review Sessions

The online Pranic Healing Review Sessions will be conducted by Sumi Lazar and Sriram Rajagopal on Zoom (the schedule is given below). We will go through the book *The Ancient Science and Art of Pranic Healing* in detail, going through every chapter (and almost every line).

There will be time for some discussions on the topics covered as well as question and answer sessions. Some practice sessions will also be included.

The online Pranic Healing Review Sessions will also cover some topics from the books *Advanced Pranic Healing* (chapters 1, 2 and parts of chapters 3, 4 and 5) and *Pranic Psychotherapy* (chapters 1 and 2).

All the sessions will be recorded and made available on Podia; the videos will be available until the 14<sup>th</sup> of November 2024.

The Online Pranic Healing Review Session is available in English. If you need translation in other languages, please contact your Foundation and confirm with them that it will be possible to offer translation as you require.

### 2. 25 testimonials

A total of 25 testimonials or more must be submitted comprising of 10 Simple, 10 Advanced, 5 Psychotherapy cases, once you register for the ACPH 2023 program, you will receive a guidebook which has detailed information on what is required and expected in the testimonials.

As per guidelines we were given when GMCKS started the certification program, the 25 testimonials are to be collected from patients we heal during the 6-month ACPH program. However, we have seen that many healers, especially those who are working or managing a business or family and trying to complete the ACPH in the evenings and on weekends often struggle to collect 25 testimonials during the 6-month time.

Therefore, you will be allowed to collect testimonials from patients you have healed during a 12-month period, preferably from the 15<sup>th</sup> of November 2023 until the 14<sup>th</sup> of November 2024 – this gives you 1 year to collect 25 testimonials. The participant may also choose a 12-month period of their choice, with the start date of the first testimonial and the start date of 25<sup>th</sup> testimonial is in 12 months period, however not later than last date of submission for the batch 2023, i.e 14<sup>th</sup> November 2024

Each Foundation will also have one person in charge of the ACPH program (the ACPH coordinator) who will be available for help and guidance.

Many Foundations (not all) also appoint mentors (usually healers who have completed the ACPH in previous years), who will be assigned to help a group of participants in the 2023 batch.

Once you submit the 25 testimonials, your Foundation will review them to ensure they meet the requirements. If necessary, you may be asked some questions on your testimonials, if any clarification is required.

# 3. Monitoring Session Guideline

Out of the 10 simple cases, 2 Pranic Healing sessions of 2 different cases need to be done in the presence of a facilitator.

Out of the 10 Advanced cases, 2 Pranic Healing sessions of 2 different cases need to be done in the presence of a facilitator.

Out of the 5 Psychotherapy cases, 2 Pranic Healing sessions of 2 different cases need to be done in the presence of a facilitator.

The participant should get certain healings monitored in person by the mentor/coordinator.

### 4. Case Submission and Monitoring Timeline

1<sup>st</sup> Phase of Submission and Monitoring by the end of the second month - The participant should submit 5 properly documented testimonials (combination of Simple and Advanced cases), and should have 2 cases monitored by the facilitators by 15<sup>th</sup> January 2024

<u>2nd Phase of Submission and Monitoring by the end of the fourth month</u> - The participant should submit a further 5 properly documented testimonials (combination of Simple, Advanced and Psychotherapy cases), and should have 2 cases monitored by the facilitators by 15<sup>th</sup> April 2024

<u>3rd Phase of Submission and Monitoring by the end of the sixth month</u> - The participant should submit a further 6 properly documented testimonials (a total of 16 testimonials submitted) and should have the final 2 cases monitored by facilitators by 15<sup>th</sup> July 2024.

- In case if a participant is unable to fulfil the above criteria by 15<sup>th</sup> July 2024, they will have to sign up for the next ACPH program as a reviewer incomplete. They can continue watching the videos.
- In case the participant has not cleared the online ACPH online exam by 15<sup>th</sup> July 2024, they will have to register for the next ACPH program as a reviewer incomplete, following the various guidelines specified separately

4th Phase of Submission and Monitoring by the end of the nineth month - The participant should submit another 5 properly documented testimonials (a total of 21 testimonials submitted) by 15<sup>th</sup> September 2024.

5th Phase of Submission and Monitoring by the end of the twelfth month - The participant should submit the final 4 testimonials by 14<sup>th</sup> of November 2024.

#### 5. Online Exam

The online exam will consist of 50 questions, taken at random from a question bank. You may attempt the exam twice and the highest mark will be considered.

- 35 questions will be taken from Elementary and Intermediate Pranic Healing i.e. chapters 1, 2, 3 and 4 of the book, *The Ancient Science and Art of Pranic Healing*
- 5 questions will be taken from the other chapters in the book *The Ancient Science and Art of Pranic Healing*, i.e. chapters 5, 6 and 8 (chapter 7 has testimonials, no questions will be asked from this chapter).
- 5 questions from Advanced Pranic Healing
- 5 questions from Pranic Psychotherapy

The passing mark will be 66%, which means a candidate should get 33 or more questions correct, from out of 50 questions.

Note – the passing mark has been kept high intentionally. If it is kept at 50%, someone who gets 24 out of 50 questions wrong would still pass. We do not believe this represents the high standard that GMCKS expects of us in the certification program.

The online exam is available in English, Hindi, Tamil, Telugu, Malayalam, Arabic, French and Vietnamese. You will have to send an email to the foundation or the ACPH Coordinator about your language preference at the start of the program.

#### Schedule

- 1. Online Pranic Healing Review Sessions
  - We plan to conduct 21 sessions, each of which will be for 3 hours plus a 15-minute break in between.
  - The sessions will be conducted from 10 am to 1:15 pm IST

```
10 am to 11:30 am – first session
```

11:30 am to 11:45 am - break

11:45 am to 1:15 pm – second session

The schedule will be as follows:

Thursday 16<sup>th</sup> November

Tuesday 28<sup>th</sup> November

Wednesday 29<sup>th</sup> November

Tuesday 5<sup>th</sup> December

Wednesday 6<sup>th</sup> December

Tuesday 9<sup>th</sup> January

Wednesday 10<sup>th</sup> January

Tuesday 23rd January

Wednesday 24<sup>th</sup> January

The schedule for the remaining session 12 sessions will be communicated later in the year, once Sumi and Sriram know their schedule for 2024.

### 2. Online Exam

The online exam will be conducted in June 2024. We will inform all registered participants of the exact date in February 2024.

#### 3. 25 testimonials

25 testimonials in the prescribed format should be submitted to your local Pranic Healing Foundation by 23:59 pm (IST) on the 14<sup>th</sup> of November 2024.

# Registration

Please contact your local Pranic Healing Foundation to register. The deadline to register is 23:59 pm IST on Tuesday, 30<sup>th</sup> November 2023.

(Note – the deadline to submit the 25 testimonials will be 23:59 pm IST on the 14<sup>th</sup> of November 2024, regardless of when you register.)

### Cancellation

- With full refund up to 23:59 IST on Monday, 20<sup>th</sup> of November 2023
- No refund 00:00 on the 21<sup>st</sup> of November 2023 and beyond

# **Time and Commitment**

Registering for the Online ACPH means we are making a commitment, to ourselves, to the Pranic Healing Foundation and to Grand Master Choa Kok Sui. Before you register, please consider whether you have time for the following:

- 1. Watching 68 to 70 hours of videos, live or recorded, covering topics from Basic Pranic Healing, Advanced Pranic Healing and Pranic Psychotherapy. Several participants from previous batches have shared that they watched the videos more than once.
- 2. Healing and collecting 25 testimonials.
  - a. Simple cases each testimonial may require 1 or 2 healing sessions.
  - b. Advanced cases each testimonial may require 1 to 2 weeks of healing, possibly a month of healing or more in severe or chronic cases.
  - c. Psychotherapy cases each testimonial may require 1 to 2 weeks of healing, possibly a month of healing or more in severe cases.

If your current life schedule will not permit you to make the commitment as required, please consider registering for a future ACPH batch.

#### FAQ

- I am unable to complete all the requirements within the time specified, what should I do?
  You will need to register for the next Online ACPH batch as a reviewer to complete the requirements.
- 2. Only the 25 testimonials are pending, all other requirements have been completed, can I get an extension?

Since we have officially extended the time during which you can collect the 25 testimonials to 12 months (double the time GMCKS had originally specified) all participants need to submit the 25 testimonials by the 14<sup>th</sup> of November 2024.

If you are unable to do so, you will need to join the next Online ACPH batch to complete all the requirements.

In rare cases, your Foundation can give you an few extra weeks to complete the 25 testimonials, however this is only in cases where there was a genuine reason for not being able to complete the testimonials on time.

3. I did not pass the online exam, what can I do?

You will have 2 attempts to pass the exam. If you do not succeed, you will need to register for the next Online ACPH as a reviewer and take the online exam with the next batch.

4. I had already enrolled for a previous ACPH program, but I did not complete some or all the requirements. Can I join this batch?

Yes, you may do so, please contact your Foundation. However, you will need to submit testimonials collected during the time frame of 12 months of your choice, still not later than the last date specified for the 2023 batch, i.e., 14<sup>th</sup> November 2024.